

Write to Heal Workshop

GPCWC

January 28, 2017

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Your Right to Healing

We define **title deed** as:

The _____ is your title deed.

God tells us to give our:

Heart - _____

Mind - _____

He answered, "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind"; and, 'Love your neighbor as yourself.'" **Luke 10:27 NIV**

Strength - _____

Soul - _____

The Healing Process



Step 1 - _____

Step 2 - _____

Step 3 - _____

Step 4 - _____

Step 5 - _____

Writing a _____ in _____.

NOTES

Write to Heal *with Andrea Gadson*

We define **expressive writing** as:



Writing Exercise #1:

In the space below, write about:

NOTES

Write to Heal *with Andrea Gadson*

We define **lament writing** as:



Writing Exercise #2:

In the space below, write about:

NOTES
